

January 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Center Closed	Turkey/Chicken Pasta \$% Salad Carrots Oranges Milk	Tuna Fish@ Sandwiches\$% Potato Wedges Apples Milk	Grilled Cheese##\$% Green Beans Bananas or Oranges Milk	Chili with Pinto Beans Cornbread Apples Milk
9	10	11	12	13
Cheese# Burger with Bun\$% Potato Wedges Apples Milk	Beef Stroganoff##\$% Egg Noodles@\$ Cauliflower Oranges Milk	Meatball##\$% Dunkers Bread\$ Broccoli Apples Milk	BBQ Chicken? Bread\$ Mashed Potatoes##% Bananas or Oranges Milk	Beef Soft Shell Tacos Black Beans And Rice Apples Milk
16	17	18	19	20
Center Closed	Mac\$ and Cheese# Peas Oranges Milk	Spaghetti\$ with Meat Sauce Cauliflower Apples Milk	Chicken Stir Fry Brown Rice Fresh Mandarin Oranges Milk	Cheese Quesadilla##\$% Black and Pinto Beans Apples Milk
23	24	25	26	27
Cheese# Pizza\$% Green Beans Apples Milk	Turkey in Gravy Mashed Potatoes Bread Oranges Milk	Cheesie Eggie Hashbrownies Bread\$ Apples Milk	Chicken Veggie Barley Soup% Saltines\$% Bananas or Oranges Milk	Shepherds Pie* Bread Apples Milk
30	31			
Cuban Joes Brown Rice Baked Sweet Potatoes Apples Milk	Turkey/Chicken Pasta \$% Salad Carrots Oranges Milk			

MILK IS SERVED WITH ALL MEALS INCLUDING BREAKFAST, LUNCH AND SNACKS Food Alerts: @ -Eggs, # - Milk, \$ - Wheat, % - Soy, ? in- Have to find out

*Note no actually Shepherds were harmed or used in the making of the Shepherds Pie